# Giuseppe's Gazette ۶ル January 2021

Greetings from Giuseppe! Happy New Year! Can you believe that this is the 26<sup>th</sup> year of "Giuseppe's Gazette"!? That's cause for a celebration and that means treats for us equines! (Heehaw! Heehaw!)

The weather has certainly cooperating, so come out and groom us, ride us, play with us and always bring treats! (Heehaw! Heehaw!)

We're planning our "Hairy Horse Dressage Series" and a "Hairy Horse Jumping Series. Come out and have fun with us equines and stay in shape for the new year. When Spring rolls around you'll be glad you did! Daylight Savings Time starts on March 14<sup>th</sup>! (Heehaw! Heehaw!)

We send our condolences to *Jo Iacono* who lost her Thoroughbred mare, Surprise on December 23<sup>rd</sup>. Surprise used to live with us but was retired to her vet's farm. Surprise was in her early 30's.

Kaitlin Baker, Montgomery NY, a student of Sheryl Wilkins, is our newest member! Kaitlin came in with a gorgeous chestnut Thoroughbred mare who she was trying out. The great news is Kaitlin has bought her and she has a new name! Her papered name didn't do justice to her beauty so she was being called "Betty". (Part of her name was "Bustin"?!) Anyway, we were playing around with names and "Scarlett" was mentioned. It certainly fits her color and it also seems to fit her personality. Congratulations to both Kaitlin and Scarlett. They make a great pair! (Heehaw! Heehaw! Heehaw!)

We also welcome *Meghan Byers*, Sparta, our new adult rider and *Marissa Holt*, Highland Lakes, and *Isabella Jamiolkowska*, Stockholm, our new junior riders.

### January Birthdays

Our very best wishes go out to Jimmy Russo (1), Isabella Jamiolkowska (6), Julia Glista (17)

#### January Anniversaries

Happy Anniversary to Matt Fletcher (2017)

Winter Calendar							
1/17	Hairy Horse Dressage Show	2/21	Hairy Horse Dressage Show				
1/18	Martin Luther King Day	3/21	Hairy Horse Dressage Show				

Interesting & Fun Dates									
1/1	National	New Year's Day	1/19	National	Tin can Day				
1/3	National	Festival of Sleep Day	1/21	National	Hugging Day				
1/3	National	Fruitcake Toss Day	1/21	National	Squirrel Appreciation Day				
1/5	National	Bird Day	1/22	National	Blonde Brownie Day				
1/7	National	Old Rock Day	1/23	National	Pie Day				
1/8	National	Bubble Bath Day	1/24	National	Compliment Day				
1/10	National	Houseplant Appreciation Day	1/21	National	Belly Laugh Day				
1/13	National	Rubber Ducky Day	1/27	National	Chocolate Day				
1/14	National	Dress Up Your Pet Day	1/29	National	Puzzle Day				
1/16	National	Nothing Day	1/29	National	Corn chip Day				
1/19	National	Popcorn Day	1/31	National	Inspire Your Heart with Art Day				

#### From the office

Now that we're using the indoor fairly exclusively, please remember to pick up the poop!

I know it's easy to forget, but after you put your horse away, just check in. If there are riders in the indoor, it's easy; they can see it clearly and everyone helping to keep the footing clean makes it nice for us equines who like to roll in the indoor. (Heehaw! Heehaw!)

# Hairy Horse Dressage Show Series

We are running a "Hairy Horse" Dressage Show Series during the winter months. Our first show is on January 17<sup>th</sup> with Peggy Hipple judging. Our February show is on the 21<sup>st</sup> with Pat Piccillo judging and Marsha Montgomery will judge our third show on March 21<sup>st</sup>.

Riders may ride any dressage test of their choice: the regular dressage classes as well as the Eventing tests. We will be tabulating scores and award a high score winner in each of the divisions. So, come out and ride!

#### Rules of the Arena

Now that we are into winter and doing a lot of riding in the indoor, please review the following rules.

- ✓ Please look before you enter. Make sure that you don't enter on top of a rider coming down the long side. The mirrors are a big help, please use them.
- ✓ Please look up when you are riding so you are aware of where the other riders are in relationship to you and your horse.
- ✓ Be aware of the needs of others, as well as your own position so that everyone can promote mutual safety. This is particularly important when beginning riders are in the arena. For instance, if you are going across the diagonal, make it short if there's a rider coming from the opposite direction or there is a rider on the rail. If you see the rider before s/he sees you, get out of her/his way.
- ✓ Riding lessons take precedence. If a group lesson is being conducted, please ride the same direction and reverse as the class does.
- ✓ When working as a class, the lead rider must allow the end of the class the rail. The lead rider completes the pattern by taking the inner track until the last of the class has completed the pattern. Changing rein, serpentines, etc.)
- ✓ Pass oncoming horses as you would an oncoming car, left shoulder to left shoulder (stay on your right).
- ✓ Slower moving horses work towards the center (i.e. cantering on the rail, walking inside of the track.)
- ✓ Be aware of not crossing the logical path of another horse (i.e. do not cross in front of another, go behind him.)
- ✓ If you need to pass a horse, do so by making a circle or crossing to the other side of the arena.
- ✓ Please keep the track and doorways clear.
- ✓ When approaching poles and jumps keep a distance great enough to be able to turn away if the rider in front of you has trouble or knocks the obstacle down. Turn away by riding an arc so that you may return to your place and approach again.
- ✓ If you need to stop and make an adjustment (stirrups, girth, etc.), go to the center or to the mounting block and halt

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✓ If any rider is in trouble, (i.e. horse bucking, shying, etc.) all riders must halt and wait for the rider to regain

control.

Riding etiquette is based on "horse sense". Be aware of your fellow riders and behave generously so that everyone has a safe and enjoyable ride.

# Oxbow Raiders 4-H Club

An interesting way to build new year's resolutions was posted on 4-H online using the 4-H pledge. Check it out. An interesting way to build new year's resolutions was posted on 4-H online using the 4-H pledge. Check it out. I pledge my HEAD to clearer thinking,

- ➤ Learn a new skill
- > Take a challenging class
- > Organize your schedule
- Read one book a week

#### my HEART to greater loyalty,

- > Plan a weekly family game night
- ➤ Make family dinner a priority
- > Set time aside to visit friends & family each month

# my HANDS to larger service,

- ➤ Hold a food drive
- > Volunteer at a pet shelter
- > Plan a social event at a nursing/assisted living home

and my HEALTH to better living for my club, my community, my country and my world.

- Exercise 5 days a week
- > Drink 64 oz. of water a day
- > Buy a new fresh fruit or vegetable to try each week.

Good ideas for 2021!

#### Giuseppe's Jottings

New Year Resolutions -

- 1. Make peace with your past so it won't disturb your present.
- 2. What other people think of you is none of your business.
- 3. Time heals almost everything. Give it time.
- 4. No one is in charge of your happiness except you.
- 5. Don't compare your life to others. You have no idea.
- 6. Stop thinking so much. Answers will come to you when you least expect it.
- 7. Smile. You don't own all the problems in the world.
- 8. Throw out nonessential numbers. This includes age, weight and height. Let the doctor worry about them. That is why you pay him/her.
- 9. Keep only cheerful friends. The grouches pull you down.

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- 10. Keep learning. Learn more about you love, particularly us equines. Never let the brain idle. "An idle mind is the devil's workshop." And the devil's name is Alzheimer's.
- 11. Enjoy the simple things, like feeding us treats. (Heehaw! Heehaw!)
- 12. Laugh often, long and loud. Laugh until you gasp for breath.
- 13. The tears happen. Endure, grieve and move on. The only person who is with us our entire life is ourselves and God. Be ALIVE while you are alive.
- 14. Surround yourself with what you love, whether it's family, pets, keepsakes, music, plants, and hobbies, whatever. Your home and the barn is your refuge.
- 15. Cherish your health: If it is good, preserve it. It if is unstable, improve it. If it is beyond what you can improve, get help.
- 16. Don't take guilt trips. Take a trip to the barn, to the next county, to a foreign country, but NOT to where guilt is.
- 17. Tell the people and animals you love that you love them, at every opportunity.

#### AND ALWAYS REMEMBER:

18. Life is not measured by the number of breaths we take, but by the moments that take our breath away.

You don't stop laughing because you grow old. You grow old because you stop laughing. (Heehaw! Heehaw!)

19. You always feel better after helping someone else. So, help us equines and come give us treats! You'll be happy you did! (Heehaw! Heehaw!)

# Quotes of the Month

Doing good to others is not a duty. It is a joy, for it increases your own health and happiness.

- Zoroaster

We cannot live only for ourselves. A thousand fibers connect us with our fellow man.

- H. Melville



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